

6th CENTRAL EUROPEAN CONGRESS ON OSTEOPOROSIS AND OSTEOARTHRITIS

Krakow 25-26.09.2015



PRELIMINARY PROGRAMME*

v29

25.09.2015 (Friday)

Session	Time	Opening
S01	9.00-10.00	Opening ceremony
	J-Y. Reginster	Whom, when and how to treat osteoarthritis
S02	10.00-11.45	An interdisciplinary perspective on the bone
		Chairmen: E. Franek, A. Więcek
	E. Franek	The bone as an active human organ
	M. Małecki	Type 2 diabetes mellitus and bone fractures
	C. Poiana	Obesity and bone fractures
	A. Więcek	Chronic renal insufficiency and bone fractures
	W. Misiorowski	Neoplastic diseases and bone fractures
	J. Badurski	Interdependence and interaction between bone, muscle and fat tissue
S03	12.00-13.20	Progress in the prevention of osteoporotic fractures
		Chairmen: J. Kanis, E. Czerwiński
	J. Kanis	Will the application of FRAX help to decrease the number of fractures?
	E. Czerwiński et al.	Expansion of the diagnostic criteria for osteoporosis (NOF)
	J. Amarowicz et al.	Fracture liaison service (FLS) in Poland and in the world
	W. Pluskiewicz	The use of vertebral morphometry (VFA) in clinical practice
	V. Povorozniuk	The application of TBS in fracture risk assessment
	13.20-14.20	Lunch / Poster session
S04	14:20 - 15:40	5 years of Denosumab in Poland - where are we?
		Chairmen: S. Papapoulos, E. Czerwiński
	S. Papapoulos	Long-term efficacy and safety of Denosumab in osteoporosis treatment
	J. Osieleniec et al.	Denosumab and bisphosphonates - differences and similarities
	E. Czerwiński	Sequential and combination therapy in osteoporosis
	TBA	How to keep a patient in a long-term therapy of osteoporosis
S05	15:40 - 17:10	What we know is still not enough
		Chairmen: W. Tłustołowicz, P. Wiland
	D. Chlebna-Sokół	Disorders of bone metabolism in young adults

R. Dębski	Premenopausal osteoporosis
W. Misiorowski	How to diagnose and treat osteoporosis in men
P. Głuszko	Current recommendations in steroid-induced osteoporosis
P. Leszczyński	Osteoporosis in rheumatic diseases - differences in management

S06 17:10 - 18:40 Osteoporosis in everyday practice

Chairmen: J. Badurski, W. Pluskiewicz

E. Sewerynek	Vitamin D and calcium supplementation - is it safe?
E. Marcinowska-Suchowierska	How long should we treat osteoporosis? What about drug holiday?
H. Resch	The effects of commonly used drugs on osteoporosis in the elderly
T. Frankiewicz	Differences between medications and dietary supplements

20.15

Banquet - Kraków Aviation Museum

https://www.facebook.com/MuzeumLotnictwa/photos_stream

26.09.2013 (Saturday)

S07 9.00-10.30 Osteoarthritis

Chairmen: E. Kucharz, M. Synder

E. Kucharz	Guidelines for the treatment of osteoarthritis
P. Małydk	Who and when needs hip and knee endoprosthesis
M. Sibiński	Unnecessary arthroscopies
A. Sawicki	Complex regional pain syndrome (Sudeck's syndrome)

S08 10:30 - 11:45 Sarcopenia, aging and fractures

Chairmen: T. Grodzicki, M. Żak

E. Czerwinski et al.	Sarcopenia - diagnosis and treatment
M. Berwecka et al.	Osteoporosis and sarcopenia. Two diseases or one?
M. Żak	Aging, falls and fractures
T. Grodzicki	Falls as a cause of fractures and increased mortality
J. Opara	Efficacy of Nordic Walking in fall prevention

S09 12:00 - 13.30 Hot topics

Chairmen: E. Marcinowska-Suchowierska, P. Małydk

J. Przedlacki	The place of strontium ranelate and calcitonin in the treatment of osteoporosis
P. Borowy	Osteonecrosis of the jaw
M. Jabłoński	Vertebroplasty - pros and cons

13:30- 14:30 Lunch / Nordic Walking

S10 14:30 - 15:30 Round Table Discussion

First and second-line therapy medications vs. a tailored therapy

E. Czerwiński-Przewodniczący, J. Badurski, E. Marcinowska-Suchowierska, W. Pluskiewicz, W. Tłustołowicz

S11 15:40 - 17:05 Meet-the-Expert Session

J. Badurski	Symptomatic treatment of osteoarthritis and osteoporosis
TBA	The most common errors in prescriptions

E. Marcinowska-Suchowierska	Comorbidities, multidrug therapies and the treatment of osteoporosis
E. Franek	Interpretation of calcium and phosphorus metabolic disorders in practice
K. Książkowska-Orłowska	Rehabilitation in osteoporosis
J. Amarowicz	How to organize the Fracture Liaison Service (FLS)?
TBA	Tai Chi Workshop

S12 17.20 Free topics

S13 09:00- 11:50 **SATELLITE SESSION 26.09.15 - SATURDAY**

Session under the auspices of the Section of Metabolic Bone Diseases in Children and Adolescents at the Polish Foundation of Osteoporosis

Chairmen: D.Chlebna-Sokół, J.Konstantynowicz, P.Płodowski

D. Chlebna-Sokół	Secondary osteoporosis during childhood - a multidisciplinary problem
E. Karczmarewicz	Does vitamin D prevent secondary osteoporosis?
J. Konstantynowicz	Osteoporosis in eating disorders in children
E. Smolewska	Osteoporosis in the course of connective tissue diseases in children
K. Muszyńska-Roślan	Disorders of the skeletal system during and after treatment of cancer in children
A. Rusińska	Secondary osteoporosis in the course of selected rare diseases
R. Piekarski, L. Szewczyk	Disorders of bone metabolism in type 1 diabetes mellitus
T. Porowski	Hypercalciuria and urolithiasis in children
I. Michałus	Metabolic bone disease of prematurity - an undervalued problem by neonatologists
P. Płodowski	a classic and new use of bone densitometry in paediatric clinics
	Discussion

* The Scientific Committee reserves the right to introduce changes into the Programme.